

Ride Right, The Tread Lightly! Way

Lightfoot's Tips For The Responsible ATV and Dirt Bike Rider

Travel only on trails

- Keep your ATVs and motorcycles on the trails.
- Cross rivers and streams only where the trail crosses, and ask your parents before you go.
- Don't ride up stream—you could hurt the plants and animals that live there. Use maps and signs to help you stay on the trail.
- Ride slowly through, not around, puddles and mud on the trail.
- If you can't go over an object, turn back.
- Keep control of your dirt bike or ATV.

Respect animals, plants, and people

- Don't chase, scare, feed or try to pet my animal friends.
- Don't run over plants.
- Watch out for other people on the trails.
- Keep your noise down, especially in camp.
- Don't ride or run through other camps.

Every time you go outdoors: think safety, bring a friend, and be prepared

- An adult should be with you when riding ATVs or dirt bikes.
- Remember to pack the seven essential items: water, food, a first aid kit, a raincoat or poncho, a flashlight, sunscreen and a whistle.
- By staying on trails you are less likely to get lost and you are much easier to find. *If you think you are lost, stay where you are.*
- Bring a map, check the weather, and learn about wildlife to be aware of. Wear a helmet, boots, gloves, and other protective gear when you ride.
- Are you old enough to drive a dirt bike or ATV? Each state has different rules—so check before you go.
- Go to school—take a safety course. Some areas require it.

Always leave the outdoors better than you found it

- Don't litter or leave food or trash behind.
- Pick up trash left by others—as long as it is safe.
- Don't pick plants or flowers, and don't take rocks.
- Lend a hand; plant trees and plants with the help of your local ranger.

Discover how fun the outdoors can be when you Tread Lightly!

- Keep your parents and the rangers happy—follow all the rules.
- You will have more fun if you take care of the outdoors.
- Make the right choice—if you do something wrong others might follow and make more damage.
- Remember the great outdoors is home to me and my friends; treat it with care.

